

DEVELOPMENT DURING ADOLESCENCE

The adolescent lives in an intensely emotional life in which we can see once more of rhythm of positive and negative phases of behavior in his constant alternation between intense excitement and deep depression.

EMOTIONAL DEVELOPMENT- Following are few characteristics of emotional development

- 1. Anger in adolescence**
- 2. Adolescence have anxiety about future**
- 3. Feelings of jealousy.**
- 4. Fear of future and wrong deeds**
- 5. Love and attraction towards opposite sex**
- 6. Feelings rises mid between happiness and sadness**
- 7. Want respect for themselves in family and society.**

SOCIAL DEVELOPMENT –

Adolescents have following characteristics during social development

- 1. Formation of group**
- 2. Development of cooperation**
- 3. Aspiration of status in groups**
- 4. Development of social maturity**
- 5. Interest in selection of profession**
- 6. Attraction towards opposite sex and development of friendly relation.**
- 7. Interest in politics and becoming member of political parties.**

MENTAL DEVELOPMENT-

Mental development reached to its highest level between 15 years to 20 years. Adolescents develop following mental characteristics during this stage-

- 1. Maximum development of intelligence**
- 2. Development of higher mental abilities**
 - Thinking ability**
 - Generalization of facts**
 - Longlasting memory**
 - Attention**

- Reasoning
- Imagination
- Decision making power
- Problem solving
- Prediction power

3. Diversity in interests- adolescents develops either common or little different type of interest among themselves.

4. Development of language power-

- Great collection of words
- More expressive
- Development of formal and informal talk.
- Discussion and reasoning ability with elders